CHERRY WOOD GRANG

### Dear friends

As we begin a new year, we've been reflecting on all the fun we've had over the last few months with our friends and family at Cherry Wood Grange.

### Art and entertainment

We are a talented bunch at Cherry Wood Grange and over recent months we have created some incredible artwork in our painting workshops which are proudly displayed around our home. Our residents have also been entertained by many wonderful musical performances and joyful karaoke sessions, where everyone played along with tambourines and maracas and serenaded each other with their favourite songs - giving a fun new meaning to audience participation!



## Winter day trips

This winter, we have enjoyed many a hearty lunch in our favourite pub, The Old Ship. We've loved having a natter over a tipple – the perfect winter warmer! The cold snap hasn't stopped our day trips and we have been getting out and about in our minibus. We fed the ducks at Haybridge Baskin Lock, enjoyed tea at Dedham Boathouse, and indulged in delicious cakes at Lathcoat's Farm before taking a walk round to see all the animals. We even took a trip to Osbourne's Cockle Shed at Leigh-on-Sea, where we tucked into fresh seafood, bringing back wonderful memories for our residents!

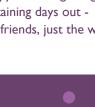
# **Fluffy friends**

Pet therapy has so many wonderful benefits and our newest team member, Ralph, the loveable cavapoo, has already brought so much joy and laughter to Cherry Wood Grange. We are firm advocates of spending quality time with furry friends to calm the mind and sooth the soul and Ralph is such a positive influence on everyone! He will visit our home weekly throughout the year ahead. Bring on the cuddles!

## A sparkling Christmas

When December came around, we decided to launch our Christmas celebrations with a Christmas light's switch on, illuminating our home into a sparkling grotto! We were delighted to receive some lovely Christmas cards from children at Moulsham Junior School and a visit from Hylands School with Christmas letters. It has been a fabulous festive season of fun-filled parties and performances, such as the heart-warming community choir concert organised by Ace Music Therapy. Not forgetting the many cosy nights in and entertaining days out surrounded by our wonderful friends, just the way it should be!









Cherry Wood

Anistmas Choir

## ith love, **Sue Smith**

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Cherry Wood Grange Care Home, Writtle Road, Chelmsford, Essex, CM2 0FZ Tel: 01245 209620

#### We always love reading your comments on Facebook! Here are a few recent ones:

"Thank you all for taking such care of Dad and ensuring he's enjoying life every day." Magda

"Great work everybody! And such lovely smiles on everyone's faces. x" Lesley

"Lovely to see Mum up dancing again. Thank you." Angela



