

News from



CHERRY WOOD GRANGE

CARE HOME

Dear Friends

The glorious summer sunshine has brought our residents and team members many joyous days these past few weeks and we are delighted to share some of them with you here!



A walk on the wild side



Our residents had a wild time when we were visited by local wildlife company, Weird Science! Everyone gathered out in the garden to prove just how daring they are by holding terrifying tarantulas and giant creepy crawlies! Even when our zoo keepers presented them with a large black and yellow snake, our residents simply laughed as they gave it a little pet! It was wonderful to see them sharing this unique experience and supporting each other as they held bull frogs, mice and centipedes. We were so thrilled at their reaction to the animals that we later decided to bring in The Imperial Bird Academy who thrilled our residents by introducing them to the majestic birds of prey and beautiful snowy owls.

Summer games



When the sun came out at Cherry Wood Grange so did the garden games. We don't do things by halves and so built a giant, wooden, tenpin bowling alley on the back lawn! Our residents had a wonderful time together cheering each other on as they tried to get a strike. We also set up an adapted game of seated beach volley ball, which was a huge hit! Of course, when it comes to being active, our residents are always first to get involved as our regular keep fit classes prove! Our residents inspire each other as they follow a resistance band routine led by our team. When it's good for the body, it's good for the mind!



Adventures in nature

We have been making the most of the spectacular weather this summer with many trips out into the local countryside. Our residents enjoyed having tea at Hanningfield Reservoir where they watched people canoeing on the water and saw children feeding the geese on the beach. Here we stopped for a calming pot of tea at the water's edge whilst enjoying panoramic views of the 870 acre reservoir. Another day out saw our residents visit Paper Mill Lock where we had a natter over a cup of tea while watching the barges go by. It makes us so happy to see our residents sharing these moments in nature together - it's good for the soul!



Ladies day

You know summer has truly arrived when Ascot rolls around! At Cherry Wood Grange we love a themed event and so decided to host our very own Royal Ascot Ladies Day. Our excited residents had a wonderful time together digging out fancy hats to wear while our Director of Nursing, Jo, brought in some wonderful corsages to complete the look! Then we all gathered round the big screen to cheer on the jockeys as the races began. Of course, a day at the races wouldn't be complete without a glass of bubbly so we popped open everyone's favourite tippie and raised a toast! It was the perfect way to round off a delightful day, sharing laughter and good times!



With love,
Kerriane Colling
Home Manager

Cherry Wood Grange Care Home, Writtle Road, Chelmsford, Essex, CM2 0FZ Tel: 01245 209620



We always love reading your comments on Facebook! Here are a few recent ones:

"I am once again bowled over by the efforts of this amazing team at Cherry Wood. Mum is so happy, a day I never thought would come. Well done everyone and thanks again for the care you show." Kim

"I can see Grandad is so well looked after. What a beautiful care home xxx" Jessica

"Ahhh my beautiful Nanny. Thank you for making her feel special. Xx" Natalie

